## WEDNESDAY 11/19/25

Good Morning Cabot Panthers!!!! Here are your morning announcements.

Pledge of Allegiance

(National Anthem on Wednesdays)

## **Lunch Entree**

Hamburger

Cheeseburger

**Breaded Mini Mozzarella Bites** 

## **Vegetables**

Side Salad

**Tater Tots** 

## **Fruit**

**Assorted Fruits** 

Milk

Chocolate Milk White Milk

Misc.

**Marinara Sauce** 

announce every Monday) Builders club is collecting pop tabs to support the Ronald McDonald House. Please turn your pop tabs into your 1st period teacher. The 1st period class that collects the most pop tabs will receive Sonic drinks in May.

Yearbook is thankful for your feedback, don't forget to complete the November survey, available this week.

Quiz bowl will meet after school on Thursday until 4:00.

7th grade JUST club will meet Wednesday, December 3 in Mrs. West's room (S111) during RTI.

It is Election Day, Junior High South. Make sure to cast your vote for your Student Council Representatives in your social studies class.

8th grade...Vision and Hearing Screenings December 9th and 10th.

Students, remember- Absolutely no cafeteria food will be allowed outside during breakfast or lunch. You must sit down at a table to eat, then you can go outside.

Keep following CJHS Expectations to get a chance to be this week's Super Sonic Student!

Today's CJHS Expectation:

I will make a positive effect on the learning environment.

**Moment of Silence** 

Have a great day, CJHS